



Eyes in Disguise Optometry
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Dilation Information and Consent

Dilation Information

Without dilating the pupils, peripheral portions of the retina are not viewable. It is important to view these parts of the retina in order to properly assess eye health and screen for potentially vision threatening conditions. In order to dilate the eyes, the technician or doctor will put eye drops into the eyes, which will take effect after 10-20 minutes.

The main side effects of dilation include: blurry vision, light sensitivity, and inability to focus for 3-5 hours. As with all medications, rare but more serious side effects may occur. You should use caution when driving or engaging in other hazardous activities while your pupils are dilated. Disposable sun shades will be given to you after dilation to protect your eyes in bright illumination.

There is no additional charge for the dilation, this service is included free of charge with your comprehensive eye exam.

Patient Information

Please check the appropriate box below:

- Yes, I would like a comprehensive eye exam with dilation
- No, I prefer not to be dilated at this time. I understand the importance of dilation and that it would be in my best interest for evaluating the health of my eyes.

Signature

Date

Printed Name